

## Lamar University Undergraduate Degree Requirements

Name of Degree: **BS Exercise Science and Fitness Management**

**All students must satisfy provisions of the Texas Success Initiative program, which are listed elsewhere in this catalog. Developmental courses do not count toward this degree plan.**

I. Special Requirements within the  
Philosophy of Knowledge Core  
Curriculum and Physical Activity:

BIOL 2401  
BIOL 2402

2. Required Courses for major

KINT 1301  
HLTH 1306  
FCSC 1322  
HLTH 1370  
KINT 2378  
KINT 2290  
KINT 3130  
KINT 3310  
KINT 3315  
KINT 3330  
KINT 3340  
KINT 3352  
HLTH 3360  
ENGL 3310

TOTAL number of required hours:	120 hours
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